

DOULA BUSINESS OWNER



Course Content:

1. What is a Doula?
2. Benefits of being a Doula
3. Developing your skills
4. What a birth doula does
5. What a Postpartum & Antepartum Doula do
6. Your Doula Business
7. How to get hired
8. Living the doula life and more...

Duration: 12 weeks

Hours Needed: 4 hours/week (Schedule Overleaf)

Registration Fee: N\$1000 (non-refundable)

1st installment: N\$1500/month

Total Amount at registration: N\$2500

2nd installment: N\$1500

Total Cost: N\$4000.00

Pre-registration Booking fee: N\$50 (non-refundable) via direct bank deposit or Cellphone Banking to 0815831999. Please text name and course to this number after payment.



Course Reviews

"It was amazing. I left feeling fully prepared and equipped to serve the mamas I work with as they bring their little ones earth side. Take the leap. Learn from these incredible, powerful women. You won't regret it." ~Marlene

"I learned a lot of very valuable practical skills for supporting a birthing woman. I also learned a lot about the business of being a doula. I feel inspired to get out there and support new families! I really enjoyed this course. There are no criticisms from me. It was very convenient and full of great information!" ~Mary

"Doula training is very healing & enlightening. I feel confident & prepared to offer my services to a family in need. Training was hands on & very personal." ~Zelda

Class Schedule:

Morning:

Mon: 09:00 - 11:00

Wed: 09:00 - 11:00

Fri: 09:00 - 11:00

Afternoon:

Mon: 14:00 - 16:00

Wed: 14:00 - 16:00

Thurs: 14:00 - 16:00

Amethyst Smart Brains

Academy

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Course Motivation:

It's an exciting time to become an independent doula! New to Namibian setting, but widely practiced internationally.

There are more families hiring doulas worldwide than ever before. It's your time for a rewarding career making a difference in the lives of new parents.

Doulas serve women from pregnancy through childbirth and the early stages of motherhood. During these times women need reassurance and information. They also need support, both physical and emotional – even spiritual. They need the type of insight and advice that only another woman can provide.

A doula provides all this and more, with traits such as empathy, compassion, strength, understanding and empowerment.

A birth doula is a non-medical labor assistant whose role is to comfort and support the mother and father during birth.

Birth and postpartum doulas practice in all kinds of settings: in hospitals, in doula agencies, in nonprofits and as independent business owners. Many doulas earn a great full-time living in this amazing field, while others choose a slower pace.

We're here to help guide you on your journey toward this exciting career path and certification.

"Intellectual growth should commence at birth and cease only at death." Albert Einstein

